

Alt-Delegate Report / June 2024 ACM / SDIAA-Area 08

To my Esteemed Servant Peers,

I am not going to lie and say that I haven't enjoyed the slight respite from my service duties the past week and a half. As many of you know, the duties required of us in General Service can feel neverending at times. That being said, I am ready to take on some small projects related to my service position that have been on my list since rotating in. I have had an opportunity to become reacquainted with my Home Group and explore some meetings that I have never been to before in the past few weeks. I am also looking forward to attending the Pacific Regional Forum in three weeks, then taking a much needed vacation with my wife right after.

I attended the Four Area DCM Sharing Session on the 1st of the month and found it to be a good experience. It would have been nice to have a little more attendance, but it was great to see the people there who did show up. I found the sharing sessions that I participated in to be useful. The topics at the two tables that I sat at concerned 'Showing up to your responsibilities as a GSR' and 'Attracting members to General Service'. Our past Delegate and Regional Trustee Joel C. gave an inspiring talk on Roberts Rules of Order and how we utilize them when conducting Area business. The lunch afterwards was quite tasty and allowed many of the members in attendance to catch up with each other on other things aside from General Service.

The following weekend, the Unity/Founder's Day Picnic took place in La Mesa. For those who don't know, one of my commitments is to liaison to the Coordinating Council of the San Diego Intergroup. Of that commitment, the Alternate Delegate also attends the Program Committee of the Council and assists in planning the Annual Picnic, the Pancake Breakfast in November, and the New Year's Eve Dance. The weather was perfect, sunny with a slight breeze and there was a solid turnout by the Fellowship. I could honestly say that almost half of those in attendance were members that I know in some capacity and I valued my time with them. Although the speakers did not stay on topic, I enjoyed their talks as well. On a personal note, I did get two volleyball games in with my friends and we split wins. Stay tuned for more information on the Pancake Breakfast in November.

I will be attending the Regional Forum in Las Vegas on July 12th – 14th. I understand that our attendance dips at Service events the further they are from home, but if you are able to carpool and room share with others, this trip is extremely affordable. The trip can be made in 5 hours and rooms are \$129 per night at the Westgate Resort & Casino. My first Regional Forum in Salt Lake City a couple of years ago really helped a lot of things come full circle for me as it relates to our General Service Board and Service Corporations. The atmosphere is fairly laid back and allows many of us who have attended PRAASA to also catch up with those from other Areas in our region who we have met and spent time with. If you aren't able to make it, that is also okay. You won't have long to wait to experience a Forum because San Diego will be hosting the next time around in 2026.

To our Districts and Committees, I want to reiterate my availability to assist with any needs that you may have over the next couple months. Whether that is sharing with your GSRs, contributing to Committee work, or planning workshops. I will also be spending some time tweaking the curriculum for GSR School, that I hope to be ready for our next assembly in September. Lastly, I will not be attending the ACM in July as I will be going on a much needed vacation after the Regional Forum. Thank you all for allowing me the opportunity to serve you and our Fellowship.

Adrian O. - Alternate Delegate of Area 08/SDIAA - Panel 74